



June 2020

Dear Parent/Carer

I am writing to you regarding changes to the way in which we teach Personal, Health and Social Education (PHSE).

Recently the Government introduced changes that are about to become compulsory. The areas that are changing are Relationships Education and Health Education. Schools must implement these changes by September 2020.

For many years, at Stowlawn, we have successfully taught PHSE as part of our curriculum. These changes to the guidance led us to review our PHSE provision, and we have now decided to use a published programme called 1 Decision.

1 Decision is a programme that is widely used and has been quality assured by the PHSE Association.

As well as using 1 Decision, elements of PHSE are covered by parts of Science, PE and Computing, for example: Healthy Lifestyles, Growth, Online Safety. We also address other areas such as friendships and relationships with others, as and when they are necessary, as part of our discussions with the children.

For the older children in Years 5 and 6, the school nurse visits to discuss issues such as puberty and sex education.

The Government guidance gives statements about what children need to know by the end of primary school; we then break these statements down so they are taught in a way that is appropriate to the age and development of each child.

Our PHSE/Relationship Policy is on our website, should you wish to see it, and 1 Decision have a Parent/Carer Zone with information about the programme and some examples of the materials we will be using.

You can access this information by following this link

<https://www.1decision.co.uk/resources/parent-carer-zone>

There is also a Department for Education information leaflet for parents on our website.

I hope you find the following information useful, and we would welcome any questions or comments you may have.

Yours faithfully

Mrs K Charles